



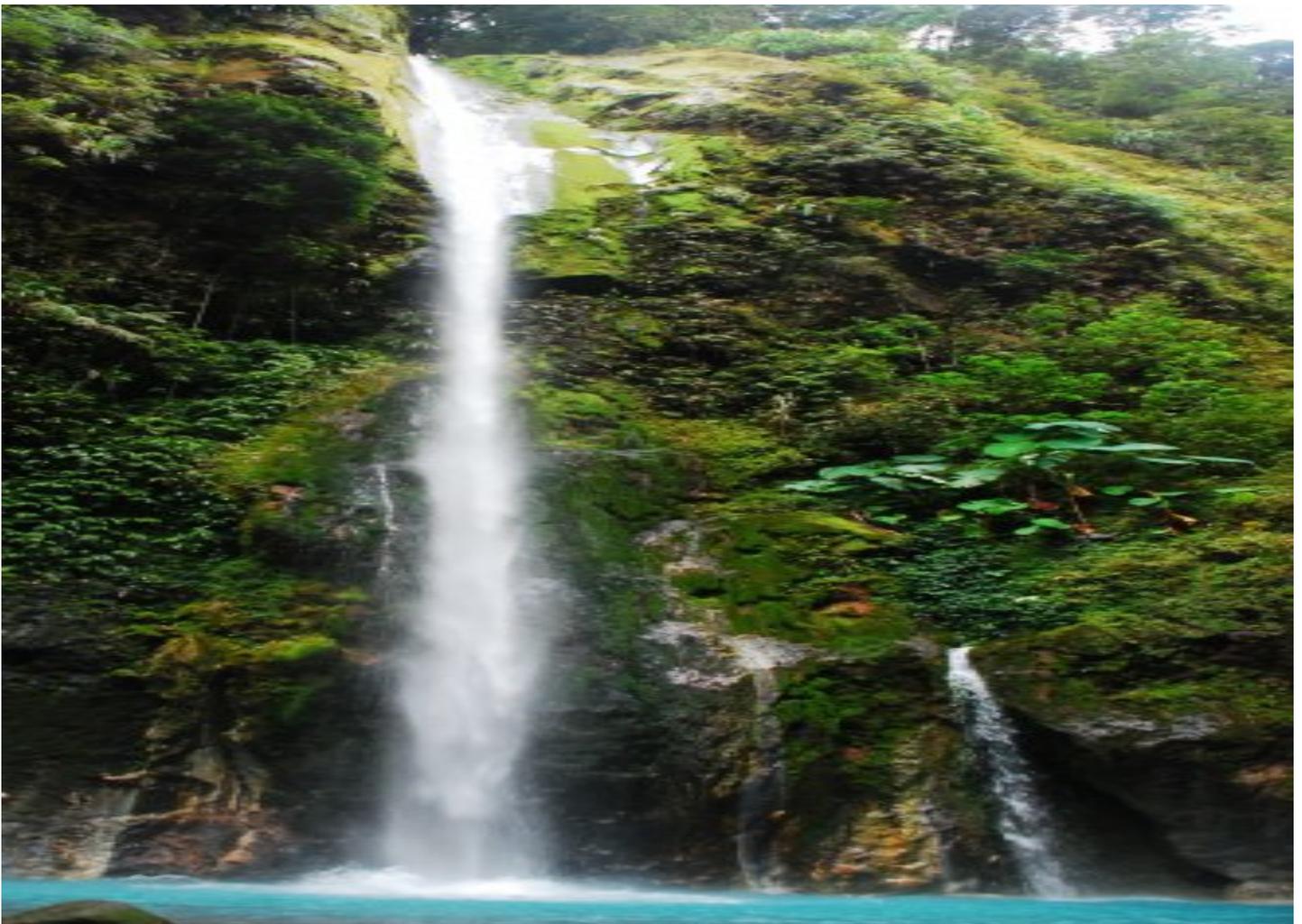
FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

September 2014

No 8 Issue 9



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NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

FREE THETAN

Volume 5 Issue 9 September 2014

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The FREE THETAN is the monthly Newsletter of the Association of Professional Independent Scientologists It is available as a free download from the APIS website or by subscription.

The Association of Professional Independent Scientologists is the operating name of the International Freezezone Association Inc, a duly registered non profit association registered in the State of Delaware, USA.

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Important Note

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follow. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~oo00oo~

	<p>The Members Quarterly Journal of the</p>	
	<p>Association of professional Independent Scientist</p>	
	<p><i>Preserve, Protect & Promote</i></p>	
	<p>http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ Editorial ~



reservo, servo, proveho

Dear Reader,

While the world goes mad and war rages around. The real Scientology continues to be used and more and more Clears and OTs continue to be made.

What we do here and now may seem to be minute against the backdrop of death and chaos but we do have an effect.

"There is no more deadly way to get even with a suppressive or an antagonistic person or a downgrading society than by flourishing and prospering. All a suppressive person or society is trying to do is prevent one from flourishing and prospering. Of course, one has to handle threats or attacks. But don't get stuck in on them. One handles them but puts his main attention on doing things that will make one and the group flourish and prosper."
L. Ron Hubbard, EXECUTIVE DIRECTIVE, LRH ED 307 INT, 1 DECEMBER AD29

The key here is persistence. Continuing to do what we do. Continuing to spread the word, to Audit, make Clears and OTs and eventually we will start to see a result.

It's a long haul and sometimes it may seem as if we are not making an impact. But be assured we are. Our comm lines are powerful and each one of us is a powerful being. Remember,

"... your potentialities are a great deal better than anyone ever permitted you to believe."
 —SELF ANALYSIS

Until next time.

Michael Moore
 Editor

~oo00oo~

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The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

Karendelac@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Silvia Llorens

All Standard Bridge

sllorens71@gmail.com

Scotland

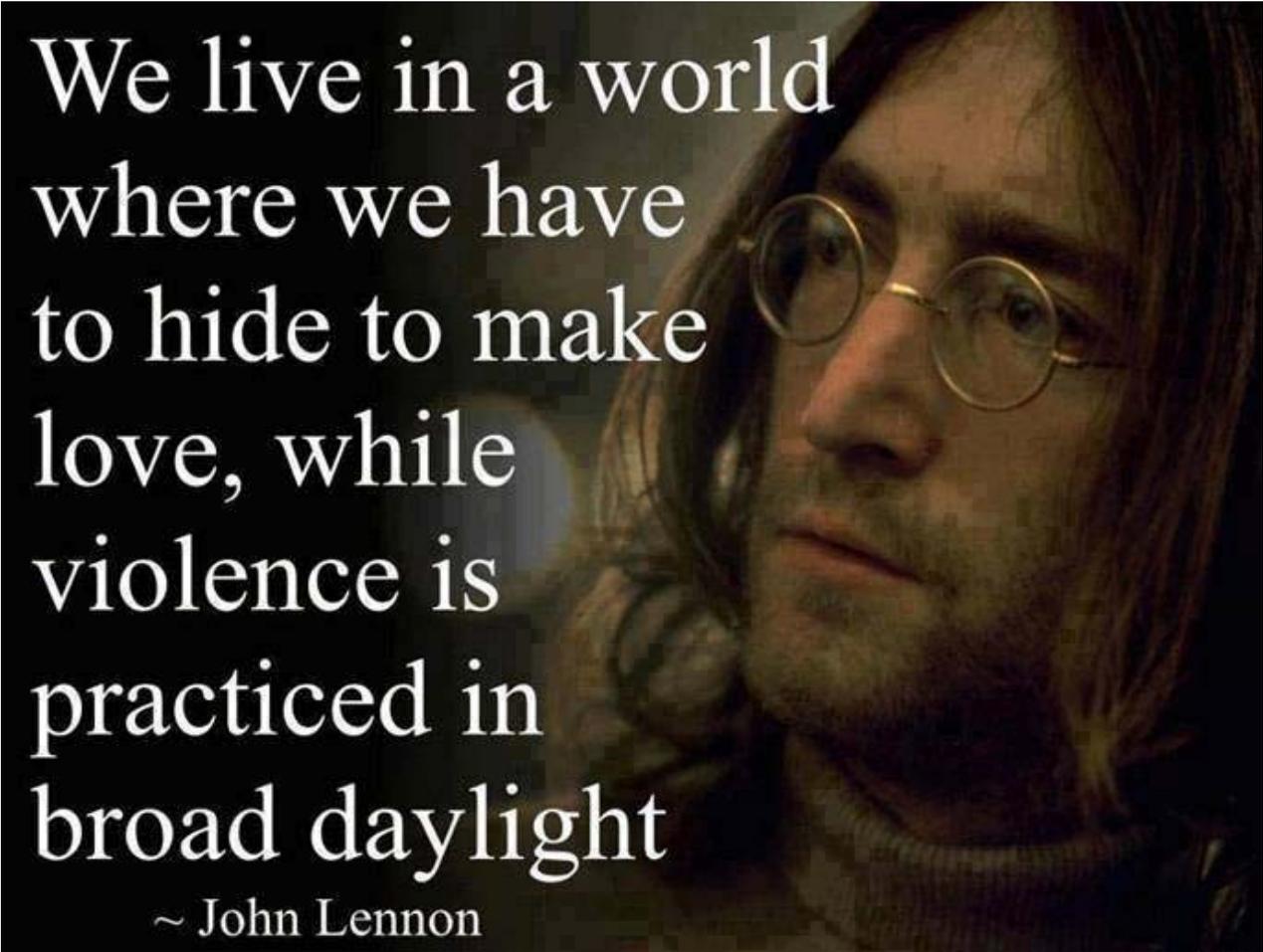
Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:KenUrquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



We live in a world
where we have
to hide to make
love, while
violence is
practiced in
broad daylight

~ John Lennon

The Salvaging of Mankind

Let's face it. Mankind is going down the tubes. Each day we have wars, torture, cruelty, power grabs, greed and suppression of individual rights in the name of 'freedom' etc.

This is what Scientology was meant to handle. Ron Hubbard said,

"My purpose is to bring a barbarism out of the mud it thinks conceived it and to form, here on Earth, a civilization based on human understanding, not violence."

And he was well on the way. The ground work of the philosophy was done. The discoveries about life and the universe were there.

The technology of application to raise the tone and awareness levels of individuals was established and an organisation set up to ensure the

bridge was followed.

Scientology was on track before the demise of Ron Hubbard and the taking over of the church by the current COB, David Miscavige. From that point the original purpose of Ron was replaced by a different agenda which did not include bringing the world out of the barbarism it thinks conceived it but, instead, an agenda of barbarism, suppression and violence. The very issue Scientology was designed to address.

What if Miscavige had NOT taken over the church, where would it be now? Very likely it would be making vast inroads into the barbarism and many more people would be clear and beyond. The tone level of the planet would be higher and violence would be on the decrease. Scientology would be respected and sought after by people from all walks of life and auditing would be the de rigour thing to

do.

As it stands the job has been set back several steps despite the forward strides made by Ron in the development and presentation of Scientology.

Despite the obstacles presented to us and the apparent insurmountable goal of clearing this planet, it is still possible and the power of thetans with a high purpose and determination knows no bounds.

The church, under the current leadership, and I use that term advisedly, is a lost cause. For the church to regain its purpose and standing in the community it is going to have to remove the current despot and put in place those that are determined to revitalise the original purpose of Hubbard. Even then it is going to be a very long haul. So we cannot rely on the church and we have to step up to the plate and work to salvaging this planet. If we WANT to have a future of sanity and peace instead of violence and ignorance we have no choice.

At the end of the Keeping Scientology Working Policy Letter Ron said,

“This is a deadly serious activity. And if we miss getting out of the trap now, we may never again have another chance. Remember, this is our first chance to do so in all the endless trillions of years of the past.”

It is going to take guts, determination, keeping the purpose and the goals firmly in mind and focused. Not focusing on the stops or reasons why it cannot be done instead focusing on what we want to see and have.

To do this, we need more groups like APIS stepping in to contribute to the motion. The more groups and people with the agreement to succeed the more likely it will happen. The technology is there. It is a legacy. If we want a civilization of peace and prosperity and sanity the way to achieve it is available. The question is, how much do we want it?

In April 1954, some 60 years ago almost, Ron wrote the following, and it is just as valid today as it was then.

Auditor competence is the keynote in handling any process. But auditor competence depends upon the auditor being able to receive and give forth a process as it has been found to work.

Thus we are apt to find difficulty with certain auditors simply in that they do not deliver the processes which are placed in their view. They take these processes, complicate them, and obeying some communication obsession or compulsion seek to make more of the preclear instead of exteriorizing him, or seek to make nothing of the preclear where the preclear is perfectly entitled to have something.

There is no question about the workability of Scientology in the hands of those trained in the Advanced Clinical Course. Nor is there any question of its workability in the hands of those who audit straightforwardly from the material presented. But there is a question of the workability of Scientology when a case which cannot receive a communication complicates or deranges some process and then delivers it in such a way as to complicate the case of a preclear.

Auditors have many explanations when they do this, and amongst these explanations is the fact that they do not like “to be a follower.” These people are under the delusion that I have “invented” Scientology and that “Hubbard’s theories and ideas” are Hubbard’s. Scientology happens to be a description born out of twenty-five years of investigation of how life and universes are put together. It is a description of a great deal of observation. There have been discoveries, yes, on the order of somebody suddenly seeing a mountain and telling somebody else about it. In addition to this de-

scription, a communication system has been originated in order to bring home to the preclear the truth of a situation so that by recognizing it he may alter it. One can only be lost in puzzles. A puzzle fully described ceases to be a puzzle.'LRH (Excerpted from PAB No. 25, 30 April 1954, Basic Procedures)

~oo00oo~



Wins & Gains in the Independent Zone

What I have learned is that cases do not progress beyond their Scientology education level. A case hangs right at the point to which it has been educated in Scientology. Processing gains are parallel to education gains and the two balance.

Rons Journal Dec AD 13

DCSI/Clear/Sunshine Rundown

Today, with great enthusiasm, I attest to the state of Clear. I've always known that I see the world differently than most people. Through childhood, "fitting in" was difficult for me and I picked up some bad habits to more easily accomplish this.

When I was a teenager, I began "seeking". I was looking for something to help me make sense of it all. I spent several years borrowing from a variety of religions and philosophies to piece together a mosaic of my own belief system.

When Jonathan introduced me to Scientology and the work of L.R.H, I was surprised to discover that it was similar to what I had pieced together. Although, the terminology was different, the principles were the same. At the

time I remember thinking that it just reinforced to me how "true" my philosophy was and how interesting that he and I had come to the same conclusions.

As I continued getting auditing--most recently N.E.D.--and studying, I became increasingly more certain that I was Clear. I began having rapid-fire cognitions that I originated to Jonathan. Not only was I Clear, but a past life Clear, at that. THAT made a LOT of sense. I hadn't "recreated" Scientology on my own, I had "remembered" it. The funny thing to me is that many times when I heard other past-lifers talk about their feelings of not quite "fitting in" and some of their cognitions, I'd thought, "yeah, right. I have that too." It never occurred to me that I had that too because I was that too. For me, attesting to Clear has been an experi-

ence that has made my whole life more "clear"...my childhood, my interactions with others, my auditing, everything. I feel very validated now. I hope others experience this feeling of serene contemplation paired with anticipation that I am.

I am grateful to L.R.H. for exploring, developing, and codifying the tech to make a more logical path for all of us. I acknowledge the efforts of my C.S.'s: Pat Krenik and Chris Black. I value them, as well as each Scientologist with whom I've spoken and shared stories; they all add to my experience. I want to acknowledge and thank Jonathan for introducing me to Scientology--this life--, for his willingness to audit me, and most of all his patience and love.

I am greatly looking forward to continuing on this fascinating journey.

As I attest to my Sunshine Rundown, I feel very clear, in an un-smudged, clean sort of way. In other words, I feel really good, totally in present time.

The funny thing is that, as I was doing it, I noticed a few things that I actually had not seen before. I've been here for over a week and these things are totally apparent, but somehow, I'd never noticed them. I'm generally pretty observant, so this makes me wonder what else I've missed. It makes me excited to see the world through my newly "cleaned off glasses". Life is what I make it and I'm happy to have the opportunities and awareness that come with it. My thanks goes out to all who helped to make this happen

Life Repair

"Life Repair is powerful! My auditor, Randy Smith was great & very thorough with my questions & we handled quite a bit.

"I know now what direction I want to go in my career (research & investigation), I feel fairly confident that my life will not get any worse, I feel more present & in touch with my body, am better at listening without anxiety or

dread as I used to have before.

"My attention with others & in particular my girlfriend is much better – and I have certainty that auditing works.

"I had been to therapists in the past & rarely left feeling good – usually I left sad, angry, frustrated or disappointed – whereas here each session felt awesome! This is WAY different than Church of Scientology auditing in that I can talk about ANYTHING & EVERYTHING without fear of going to ethics or being pressured to buy more, or donate more, at every entrance or exit.

"The Tech is Here and I am grateful it exists. I recommend everyone try it for themselves and see the results firsthand.

"Looking forward to the next steps!"

Auditing

"I am new to the Indie field but have been a Scientologist for over 40 years with a lot of training under my belt.

I just got my first spot check by Randy and it was fantastic!

"Because of Randy's ARC and purpose of addressing ones understanding instead of rote-ness, I cognited that the checkout is an extension of your understanding – not to find out what you DON'T KNOW.

"This will make my studying and participation in this course much more enjoyable for me.

"Thanks Randy for giving me a standard checkout the way LRH would have done it."

NOTs Repair

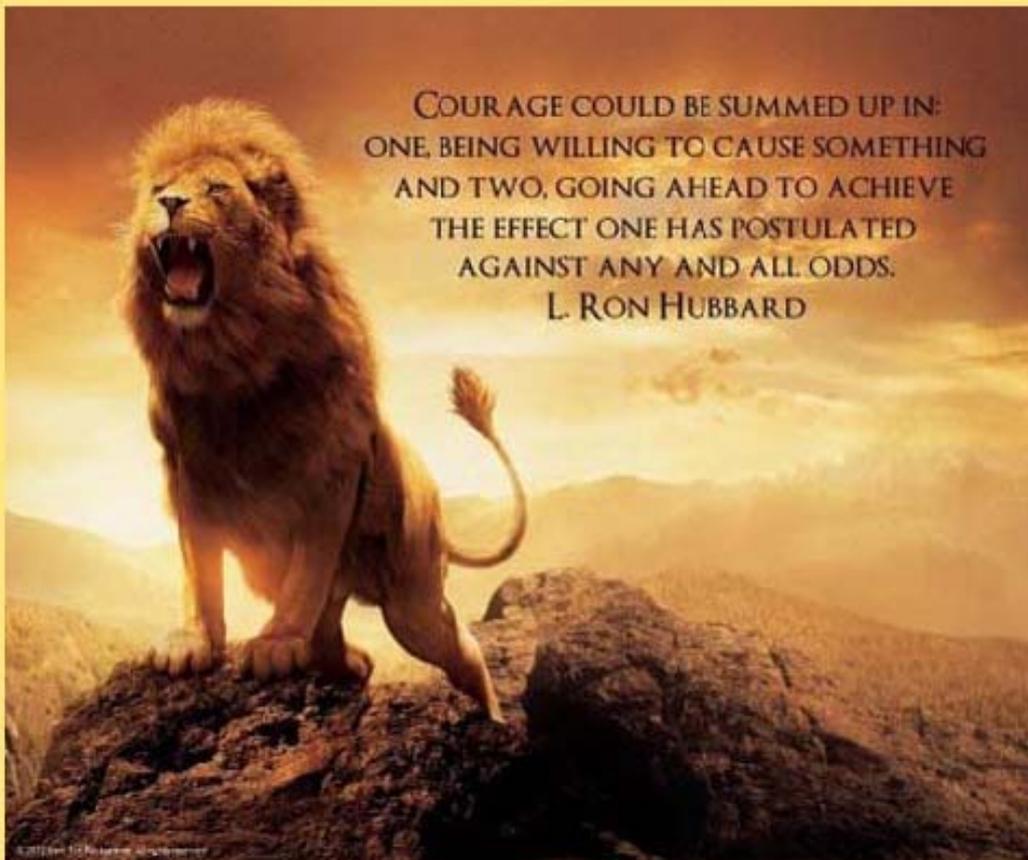
I feel good about my N.O.T.S. Repair. I handled things that were out, with success. I feel so much better: bodily and spiritually with new awareness thanks to Jonathan, a great Auditor who pulled me through.

I am so glad I had the repair done.

Continued on page 18.

~oo00oo~

Group Starter Kit for Scientologists



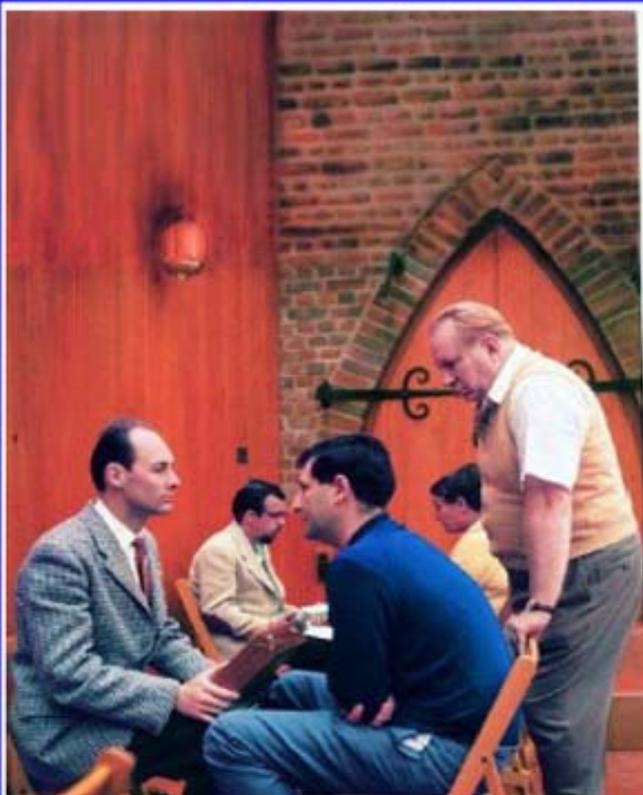
A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

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Auditing in 2014!

"The main thing to know about stalled cases is that cases get stalled. That is a truism that sometimes misses people. A case can be running along very nicely and suddenly cease running. Many things can happen."
Lecture: 'How to Resolve Stalled cases ' 1950 by LRH

Is your case bugged?

Is it stalled and not moving?

Have you not gotten the benefits you expected?

Are you not moving on the bridge?

APIS has highly classed standard tech certified auditors ready to audit! They are available to audit most cases including bugged and stalled cases.

Make 2014 the year of moving up the bridge!

Contact: support@internationalfreezone.net with your details today! And we will put you in touch with a standard certified auditor in your area.

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Using the Basics – The Awareness Levels – Part 1

One of the many basics of Scientology that can be used is the Awareness Levels. Ron has written a great deal about the awareness levels and being able to obnose where a preclear or even a student is, is common practice with auditors and supervisors.

However, the awareness levels are a tool that can be used even in ones day to day life. One can determine where an individual is at and even assist to elevate them from that level if it is a lower one.

Ron said about the awareness levels in the lecture: Awareness Levels.

“So if the scale of sanity, of course, is awareness all the way up, then the scale of aberration as you go down is degree of increasing unawareness. So the nuttier they are, the more unaware both that person and yourself would be regarding what’s going on! And the more unaware they get, why, the harder they are to handle because it is hard to get their attention long enough to find out what you don’t know! Not to find out something to know, but to find out what you don’t know. You un-

derstand?”

“This is what you have to know about it, you see? It is a Scale of Awareness, and therefore, if you find a person anyplace on that Scale of Awareness then the next action which you have to do in order to give him a case gain is to make him aware of the next level above that.”

The awareness levels are split into two ranges. The lower awareness levels and the upper awareness levels. The upper awareness levels can be found on the Grade Chart and will be the subject of a latter article.

This article focuses on the lower awareness levels where many beings or individuals can be found.

The lower Awareness levels are:

- 3 DEMAND FOR IMPROVEMENT
- 4 NEED OF CHANGE
- 5 FEAR OF WORSENING
- 6 EFFECT
- 7 RUIN
- 8 DESPAIR
- 9 SUFFERING
- 10 NUMBNESS
- 11 INTROVERSION
- 12 DISASTER
- 13 INACTUALITY
- 14 DELUSION
- 15 HYSTERIA
- 16 SHOCK
- 17 CATATONIA
- 18 OBLIVION
- 19 DETACHMENT
- 20 DUALITY
- 21 SECRECY
- 22 HALLUCINATION
- 23 SADISM
- 24 MASOCHISM
- 25 ELATION
- 26 GLEE
- 27 FIXIDITY
- 28 EROSION
- 29 DISPERSAL
- 30 DISASSOCIATION

- 31 CRIMINALITY
- 32 UNCAUSING
- 33 DISCONNECTION
- 34 UNEXISTENCE

Some people are easy to spot on the awareness levels. Others can be more difficult. One does not, however, look at the social veneer to spot the awareness level of the individual. One has to look at the individual. Some clues in their behaviour, what they talk about and so forth can help to pinpoint that particular individuals level.

For example, a known criminal will be at -31 Criminality. Very low on the scale. As a being. How does one tell? The social veneer may be very polished and persuasive, such as in a con-artist or scammer. The social tone level, however, is likely to be 1.1. covert hostility. The actions of the criminal will give them away. Being so low in awareness they cannot see the consequences of their actions and have little concept of cause and effect.

Further up the scale we have such awareness levels as Sadism and Masochism. Very prevalent in today's society if the media are to be believed. Again it is a case of, "by their fruits ye shall know them," and wars and torture lie very much in this category. Here governments, as a group, start to fall into and such people seem to be attracted to positions where they can practice their dramatization with impunity.

Cruelty abounds at this level, which is below punishing bodies on the expanded Tone Scale. Further up we have the not quite so bad off but even then still in a sorry state nevertheless and that is those people in such levels as ruin, despair and suffering for example. "Oh woe is me!" and "why does this happen to me?"

Years ago when pulling people off the street for an OCA test (Personality test) in the UK, it was common practice to use the awareness levels by finding their 'ruin', getting them to see the effect of this ruin, Then getting them to see what would happen if nothing was done and it got worse, Pointing out the need for change and them booting them up to Demand for Improvement, at which point a course or some book or product would be sold. Perhaps this is still done, I don't know, but it is a demonstration of how the awareness levels can be used on an individual to raise them up the awareness levels.

The Awareness Levels can be used not only by auditors to mark the progress of a preclear during auditing but by the Scientologist in everyday life .

References:

'AWARENESS LEVELS' A lecture given by LRH on the 27 April 1965
Scientology 0-8

~oo00oo~



Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

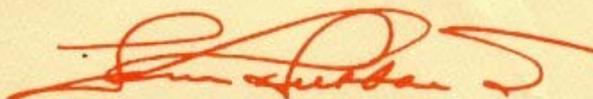
INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make something continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

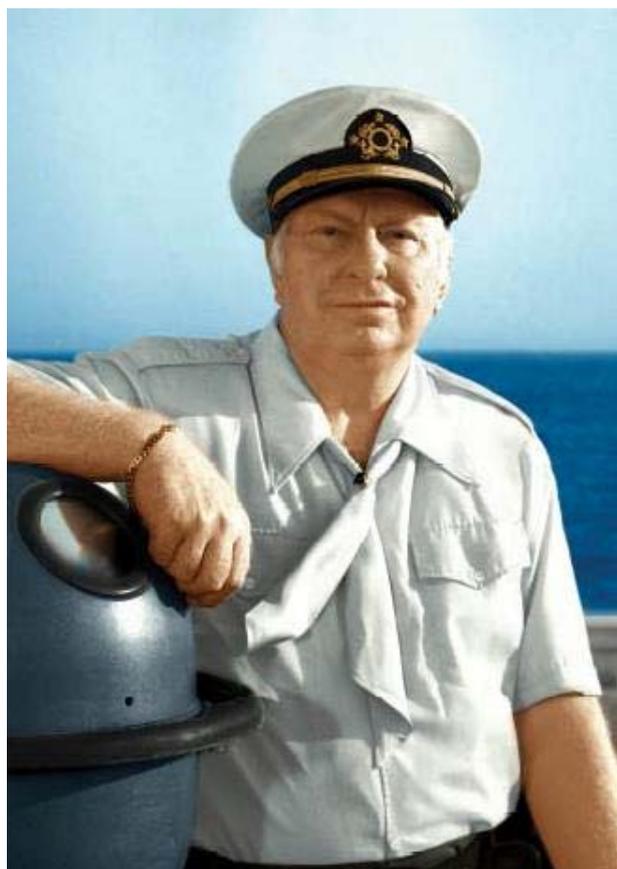
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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Scientology is an applied religious philosophy. The Church of
Scientology is a non-profit organization.



Keep it Free

“I have been at work for seven years to produce a series of techniques which any well trained auditor can use to clear people. We now have them.

I am truly sorry that this took seven years. Actually, it took more than twenty-five.

Under other “systems of research” it could not have been done. It was financed at first by my writings and expeditions. Some 15,000,000 words of fact and fiction articles ranging from political articles to westerns were consumed in a large part by this research-but it was free to act if not free from sweat.

No bullying dictator wanted it for his mass slaveries as happened to poor misguided Pav-

lov. No big corporation wanted it for a better Madison Avenue approach to advertising—another kind of slavery. No big RESEARCH FOUNDATION like Ford was there to interject their “America First” philosophy. These had not paid for it; therefore they didn’t own it. The work stayed free. Thus it prospered. It did not wither in support of some aberrated “cause.” It bloomed.

But the violence of protecting this work while continuing it took a toll nevertheless. Special interests believed it must be evil if they did not own it. Between 1950 and 1956, 2,000,000 traceable dollars were spent to halt this work. Newspaper articles, radio ads (as in Seattle from the University of Washington), bribed “patrons,” financed “patients” all cost money. You hear the repercussions of this campaign even today.

Money could not stop this work by then. It was too late. If anything had been wrong with our organizations, my character, our intentions or abilities the whole advance would have crumbled. But we had no Achilles’ heels. We carried on. All that has survived of this attack by the two APAs, the AMA and several universities is a clutter of rumors concerning your sanity and mine—and rumors no longer financed will some day die.

And so the work has emerged free of taint and misguided slants. It is itself. It does what it says it does. It contains no adroit curves to make one open to better believing some “ism.” That makes it singular today in a world gone mad with nationalism. Buddhism, when it came to the millions, was no longer free of slant and prejudice. Taoism itself became a national jingoism far from any work of Lao-Tze. Even Christianity had its “pitch.” And if these great works became curved, with all the personal force of their creators, how is it that our little triumph here can still be found in a

clear state?

Well, no diamonds and palaces have been accepted from rajahs, no gratuitous printing of results has been the gift of warlords, no testament had to be written 300 years after the fact.

For this we can thank Johann Gutenberg, and the invention of magnetic tape. Therefore, although we have no such stature as the Great Philosophies, I charge you with this—look to source writings, not to interpretations. Look to the original work, not offshoots.

If I have fought for a quarter of a century, most of it alone, to keep this work from serving to uphold the enslavers of Man, to keep it free from some destructive “pitch” or slant, then

you certainly can carry that motif a little further.

I’ll not always be here on guard. The stars twinkle in the Milky Way and the wind sighs for songs across the empty fields of a planet a Galaxy away.

You won’t always be here.

But before you go, whisper this to your sons and their sons—“The work was free. Keep it so.” LRH

~oo00oo~



2nd Dynamic Rehabilitation Program

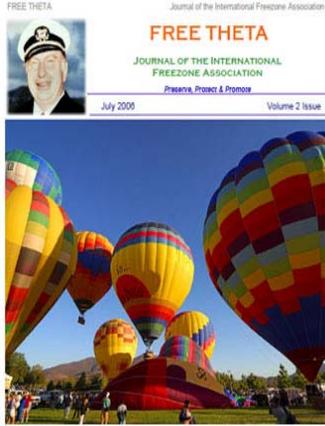
I received a 2nd Dynamic Rehabilitation Program by Chris, and WOW!!! The lists of wins and improvement are amazing. Let me inform you of a few of my amazing wins!!! They are so many...

I begin with the basic, CAUSE: my causeness about the 2D as a dynamic is very HIGH. It's like a reboot of the entire tech I did study and came back in a new time unit, and I did amazing as-is-ness about basics postulates in the beginning that rehabilitate my causeness stably

and strongly.

NOW, I simply keep my TRs in naturally, almost never restimulate, and if I do, I make an as-is-ness again very faster than before, the 2 way comm is so in place, I can even confront the banks of the terminals in my 2D and handle their dramatization as an auditor, I'm more up tone, stable, and if I fall down in the tone scale it's only to handle another terminal, and I'm ok now about being down tone to make the other terminal going up in the tone scale with the 2 way comm, and all about the 2D!!

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Fired on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

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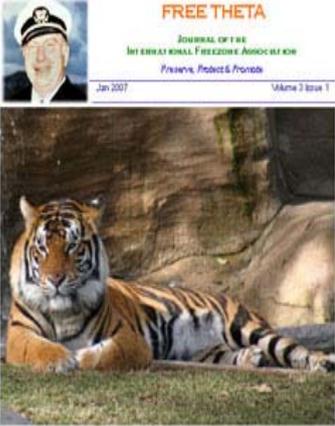
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Quote from L. Ron Hubbard

***"... your potentialities are a great deal better than
anyone ever permitted you to believe.***

—SELF ANALYSIS



Salvation

**This article was written for an international religion news site. It was directed to people who do not know what Scientology is, to explain in religious terms, what Scientologists believe in terms of salvation. We are posting the article here on Milestone Two, as we thought our readers and subscribers would find it an interesting read. The whole subject is rarely discussed within Corporate Scientology, but it is a key point of reality with those who do not know what Scientology is or what Scientologists believe.*

By Lana M.

As a child, attending Sunday school, I learnt that salvation is being saved from the righteous judgment of God. If I commit sins against God then I will be judged by God, and as a result, when my time on this Earth is up, I will not go to heaven but instead meet my demise in eternal hell.

It was made clear to me in those early days, that man is a sinner, and my only salvation was to be a good Christian and this would provide me a

way of escape and keep me in the loving care of God.

In later years, when I became a Scientologist, I adopted a different view of salvation, based on a different definition of the word: “To preserve or deliver from harm, ruin or loss”.

Scientology holds that man is basically good and nearly all regrettable behaviour stems from the fact that the human mind operates both analytically and reactively. The analytical mind is that part of the mind which permits us to make wise decisions and act in a rational manner.

The reactive mind is the source of unreasonable and uncontrolled behaviour. It causes compulsions and inhibitions. It is the source of unwanted emotions such as fear, anger, grief, depression, confusion and indecision.

The analytical mind helps us survive better. The reactive mind actually hinders our survival and causes nearly all the trouble we experience. All of us operate analytically some of the time, and reactively some of the time.

Ron Hubbard’s remarkable discovery is that the source of man’s reactive mind can be contacted and erased – and this is the primary function of all Scientology counselling (called auditing). With auditing it is possible for a person to erase his reactive mind, and, therefore, it’s influence on his actions, thoughts and feelings. Through the basic procedure of auditing, a person is able to examine the source of reactive behaviour, which has been hidden from him, and release himself from its influence.

With Scientology procedures and philosophy, man’s spiritual salvation does not depend on the appeasement of God, but depends upon himself, his relationships with others, his attainment of brotherhood with the universe, and his own

awareness of the Supreme Being.

It is a different view of salvation, but this foundation underlies all that Scientology represents and is applied for. One could liken it to casting the chains off oneself to become a better person, and to find that the chains were imposed personally, not by others, or by God.

Essentially man is basically good and will go out of his way to stop or check himself (or herself) if straying from the path. In Scientology, the journey to spiritual salvation is about the rehabilitation of man's innate spiritual self – his capabilities, his understanding, his awareness and his certainty on his own immortality and the goodness that lies within.

“Is man good or evil? What is good? What is evil? What is the nature of life? What is death? These are all questions that come up along the line and have been coming up along ever since man, on this planet certainly, had any language with which to express himself. He has been worried about these things. He's thought about these things.

Is there a God? If so what's his name? What's prayer? Do I pray or not? Can I defend myself? Am I just a little chip on this vast sea of things or is there anything I can do about it? Am I a prisoner? Do I have to lay aside my own honour in order to comply with civilized existence? You know, all these kinds of philosophic questions. And the odd part of it is, is they are not the questions of the classroom. They are not the questions of the classroom at all. The ditch digger, the little kid walking down the street—these are tremendous, unresolved problems to them which endlessly confuse their days. You'd be amazed.

Well, they say George is going to die. What is going to happen to George when he dies? You

get the idea? They say he will some day. They say Mama is going to die some day. Well, 'die,' what is that? You know? What happens to Mama when she dies? You see? And what would happen to me? And see, all kinds of involvements. Worry, worry, worry, worry, worry, worry, worry. And all of these worries come from uncertainty, tremendous uncertainties of one character or another, which simply is the fellow has never made up his mind as to what is truth. He has all of these problems rocketing around inside and he can't make truth out of any of them and his life becomes a chaos.

“And what questions are they? Well, it's those questions basically that Scientology best tackles.”

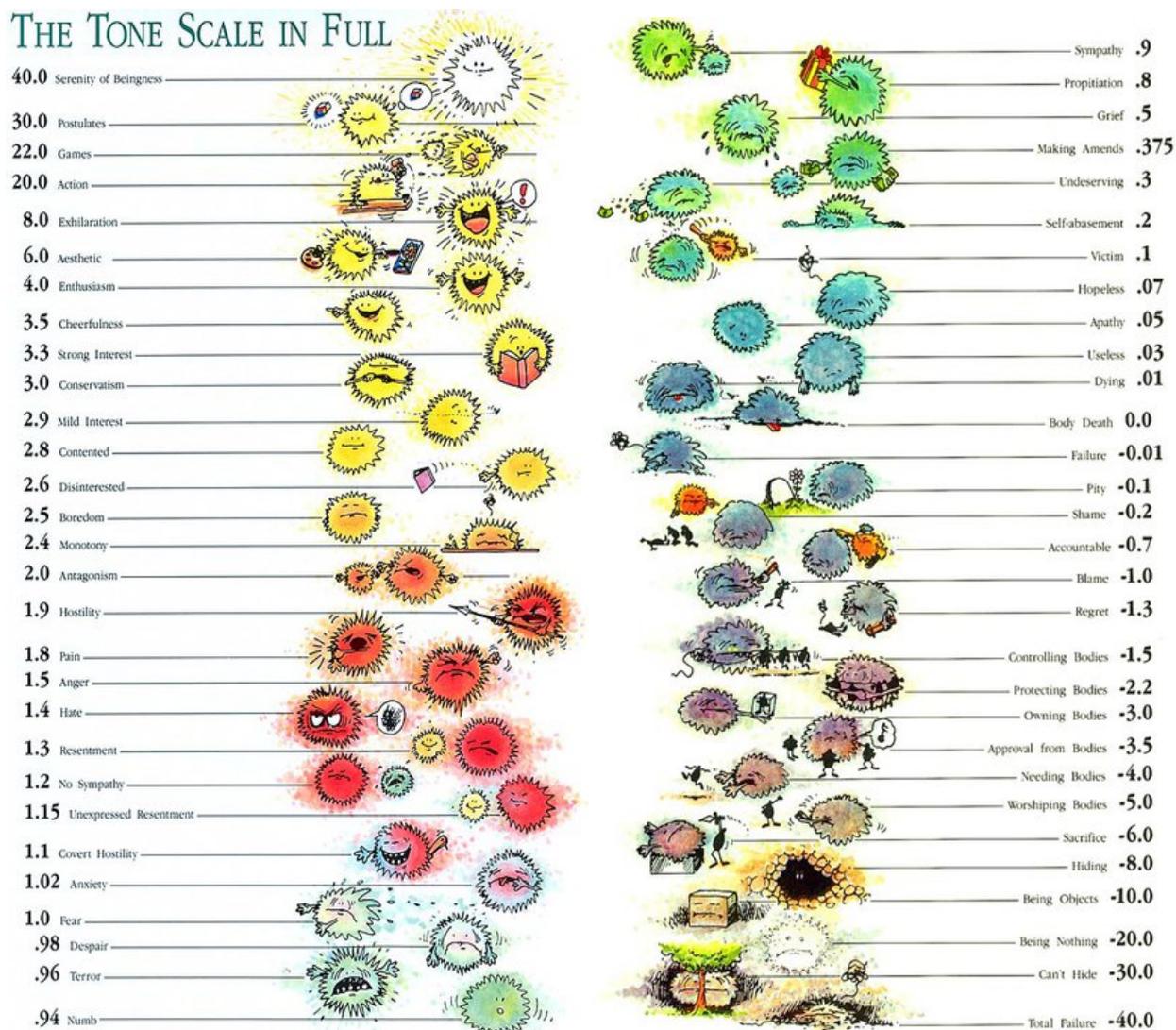
Quote: L.Ron Hubbard lecture of 23 June 1960 entitled “The difference between Scientology and other Philosophies”

- About the Author: Lana has been a practicing Scientologist for more than 30 years, but left the Church of Scientology some nine years ago as she feels current church management has abandoned the basic tenets and principles of Scientology that make it workable and of benefit to the world. Lana is a founding member of an Australian registered, not-for-profit, charitable organisation called Milestone Two Ltd (which has no affiliation or ties to the corporate church under the dictates of David Miscavige). Milestone Two is a safe space for Scientologists who wish to use and apply L.Ron Hubbard's philosophy and technologies.

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~oo00oo~

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~



**Quote from
L. Ron Hubbard**

No man is happy without a goal, and no man can be happy without faith in his own ability to reach that goal.



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